

ALCOHOL USE DISORDERS IDENTIFICATION TEST (AUDIT)

1. How often do you have a drink containing alcohol? (Score)
 Never (0)
 Monthly or less (1)
 Two to four times a month (2)
 Two to three times a week (3)
 Four or more times a week (4)
2. How many drinks containing alcohol do you have on a typical day when you are drinking?
 1 or 2 (0)
 3 or 4 (1)
 5 or 6 (2)
 7 to 9 (3)
 10 or more (4)
3. How often do you have six or more drinks on one occasion?
 Never (0)
 Less than monthly (1)
 Monthly (2)
 Weekly (3)
 Daily or almost daily (4)
4. How often during the last year have you found that you were not able to stop drinking once you had started?
 Never (0)
 Less than monthly (1)
 Monthly (2)
 Weekly (3)
 Daily or almost daily (4)
5. How often during the last year have you failed to do what was normally expected from you because of drinking? (Score)
 Never (0)
 Less than monthly (1)
 Monthly (2)
 Weekly (3)
 Daily or almost daily (4)
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
 Never (0)
 Less than monthly (1)
 Monthly (2)
 Weekly (3)
 Daily or almost daily (4)
7. How often during the last year have you had a feeling of guilt or remorse after drink?
 Never (0)
 Less than monthly (1)
 Monthly (2)
 Weekly (3)
 Daily or almost daily (4)
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
 Never (0)
 Less than monthly (1)
 Monthly (2)
 Weekly (3)
 Daily or almost daily (4)

AUDIT

9. Have you or someone else been injured as a result of your drinking?

- No (0)
- Yes, but not in the last year (2)
- Yes, during the last year (4)

10. Has a relative or friend, or a doctor of other health worker been concerned about your drinking or suggested you cut down?

- No (0)
- Yes, but not in the last year (2)
- Yes, during the last year (4)

SCORING: Questions 1-8 are scored 0,1, 2, 3, or 4.

Questions 9 and 10 are scored 0, 2, or 4 only.

The minimum score (for non-drinkers) is 0 and the maximum possible score is 40.

A score of 8 or more indicates a strong likelihood of hazardous or harmful alcohol consumption.

FROM: Saunders JB; Aasland OG; Babor TF; de la Fuente JR; Grant M. Development of the Alcohol Use Disorders Identification Test (AUDIT): WHO Collaborative Project on Early Detection of Persons with Harmful Alcohol Consumption. II. *Addiction* 88(6): 791-804, 1993.