

CWA-Ar
Addiction Research Foundation Clinical Withdrawal Assessment for Alcohol

Nausea and Vomiting 0 no nausea and no vomiting . . 7 Constant nausea	Peroxyasmal Sweats 0 no sweat visible . . 7 drenching sweats
Tremor 0 no tremor . . 7 severe, even with arms not extended	Visual Disturbances 0 not present . . 7 continuous hallucinations
Tactile Disturbances 0 none . . 7 continuous hallucinations	Auditory Disturbances 0 not present . . 7 continuous hallucinations

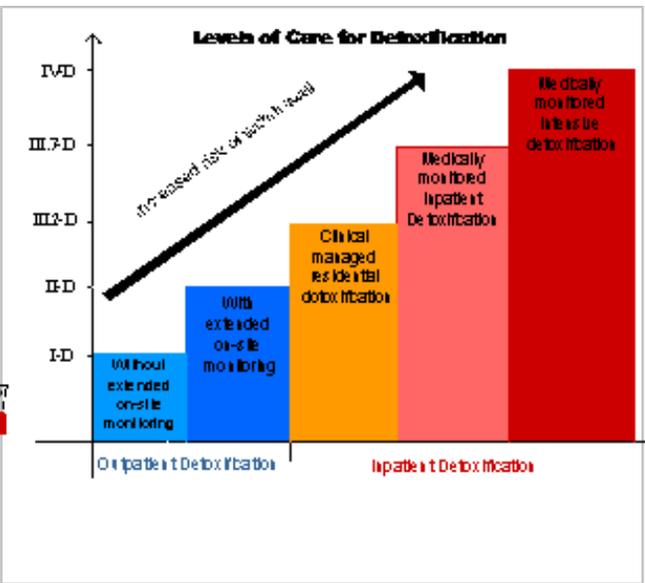
Anxiety 0 no anxiety, ate as usual . . 7 equivalent to acute panic states as seen in severe delirium or acute somatotropic reactions	Agitation 0 normal activity . . 7 paces back and forth during most of the interview, or constantly thrashes about
Headache 0 not present . . 7 extremely severe	Orientation 0 oriented and can do serial additions . . 4 disoriented for place or person

Total CWA-Ar score =

Results Interpretation

0 8-10 15 15

Minimal to mild withdrawal. Detoxification may not be necessary Moderate withdrawal Risk of severe withdrawal. Detoxification is necessary



- Considering the following indications for Inpatient Detoxification**
- Current symptoms of moderate to severe alcohol withdrawal
 - History of DTs or withdrawal seizures
 - Inability to tolerate oral medication
 - Imminent risk of harm to self or others
 - Recurrent risk of harm to self or others
 - Reasonable likelihood that the patient will not complete ambulatory detoxification
 - Active psychosis or severe cognitive impairment

Assess the level of intoxication

Subjective Assessment	Objective Assessment
<ul style="list-style-type: none"> • Slurred speech • Incoordination • Unsteady gait • Nystagmus • Impairment in attention or memory • Stupor or coma 	<ul style="list-style-type: none"> Blood test Breathalyzer

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Results

- Signs & Symptoms of Alcohol Withdrawal**
- Autonomic hyperactivity (e.g., diaphoresis, tachycardia, and elevated blood pressure)
 - Increased hand tremor
 - Insomnia
 - Nausea and vomiting
 - Transient visual, tactile, or auditory hallucinations or illusions
 - Delirium tremens (DTs)
 - Psychomotor agitation
 - Anxiety
 - Irritability
 - Grand mal seizures